November 2026 Westport Center for Senior Activities Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hearty Bean Soup Hamburgers French Fries Lettuce & Tomato Ice Cream	**3** Tossed Salad Baked Manicotti Green Beans Garlic Bread Boston Cream Pie	**4** Navy Bean Soup Herb Roasted Chicken Brown Rice Glazed Carrots Apricots	**5** Tossed Salad Sweet & Sour Pork Peppers & Onions Steamed Rice Mandarin Oranges	**6** Corn Chowder Baked Fish w/Buttered Crumb Topping Sauteed Spinach Sweet Potatoes Pineapple
9 Tossed Salad Hot Dogs w/Sauerkraut Baked beans Jell-O 	**10** ***Veterans Day Lunch*** Vegetable Bisque Beef Stew Roasted Potatoes Roasted Asparagus Apple Pie		**12** Potato Leek Soup Stuffed Loin of Pork w/Apricot Relish Rice Pilaf Braised Red Cabbage Apples	**13** Tossed Salad Chicken Cacciatore Pasta Mixed Vegetables Rice Pudding
16 Vegetable Bean Soup Philly Cheesesteak French Fries Salad Fruit Salad	**17** Tossed Salad BBQ Pulled pork Yams Collard Greens Coconut Custard Pie	**18** Broccoli Cheddar Soup Vegetable Burger w/Mushrooms & Onions Wild Rice Blend Butternut Squash Oranges	**19** Tossed Salad Pasta Carbonara Broccoli Crusty Bread Eclair	**20** Cabbage Soup Grilled Salmon w/Chives Spaghetti Squash Buttered Peas Vanilla Pudding
23 Tossed Salad Sloppy Joe on a Bun Sweet Potatoes Vegetable Medley Pound Cake	**24** Broccoli Soup Chicken Breast Stuffed w/Spinach & Mushrooms Jasmine Rice Roasted Carrots Pears	**25** Turkey & Gravy Stuffing Green Beans Sweet Potato Pumkin Pie		
30 Tomato Soup Roast Beef Au Jus Baked Potato Cauliflower Almond Cookies				**ALTERNATE MENU OPTIONS:** Cheese Omelet **OR** Chef Salad: Served with Soup or Salad & Dessert

Juice or 1% Milk Served Daily

Lunch is served at 12 noon. Pre-registration is required 48 hours in advance on MyActiveCenter.com or by calling WCSA at (203) 341-5097.

The Café Nutrition Luncheon Program is subsidized through State and Federal dollars. **The suggested donation for our lunch is $6 - $8**. However, the actual cost to produce the meal is $10. **Caregivers and guests under 60 years old are required to pay the full meal price of $10.**

Program sponsored by Catholic Charities of Fairfield County, Inc. Funded by: Southwestern Connecticut Agency on Aging

State regulations mandate that food cannot be taken from the meal site. The only exception is that whole, fresh fruit may be taken home.